

# LGBTQ2S+ RESOURCES

For young people  
& their families



[www.HuronCountyLibrary.ca](http://www.HuronCountyLibrary.ca)

# Coming Out Resources for Youth

## Coming Out: A Resource for LGBTQ Students

[www.glsen.org/activity/coming-out-resource-lgbtq-students](http://www.glsen.org/activity/coming-out-resource-lgbtq-students)

## Self-Acceptance and Coming Out

[www.sexandu.ca/lgbttq/coming-out/#tc1](http://www.sexandu.ca/lgbttq/coming-out/#tc1)

## Teen Health Source

[teenhealthsource.com](http://teenhealthsource.com)

## Coming Out and Seeking Support *by Robert Rodi*

The experience of publicly identifying oneself as lesbian, gay, bisexual, or transgender (LGBT) is deeply personal for each individual. But while the particulars vary, there are issues and questions shared by all. Should I come out? When should I come out? Who should I come out to first? The most important thing to know is that you're not alone.

## It Gets Better: Coming Out, Overcoming Bullying, and Creating a Life Worth Living *by Dan Savage*

*It Gets Better* is a collection of essays and expanded testimonials written to teens from celebrities, political leaders, and everyday people, because while many LGBT teens can't see a positive future for themselves, we can.

## This Book is Gay *by Juno Dawson*

Lesbian. Bisexual. Queer. Transgender. Straight. Curious. This book is for everyone, regardless of gender or sexual preference. This book is for anyone who's ever dared to wonder. This book is for YOU.

# Transitioning Youth

## Families in Transition: A Resource Guide for Parents of Trans Youth

[www.rainbowhealthontario.ca/resource-library/families-intransition-a-resource-guide-for-parents-of-trans-youth/](http://www.rainbowhealthontario.ca/resource-library/families-intransition-a-resource-guide-for-parents-of-trans-youth/)

## Beyond Pronouns: The Essential Guide for Parents of Trans Children *by Tammy Plunkett*

The author shares her personal experiences with her own child to help others in raising a transgender or non-binary child or teenager.

## Trans Mission: My Quest to a Beard *by Alex Bertie*

A brave firsthand account of author Alex Bertie's life, struggles, and victories as a transgender teen, and a guide for transitioning teens.

## Transgender Role Models and Pioneers *by Barbra Penne*

This title profiles accomplished transgender people who have made their names in a wide range of fields, including sports, politics, activism, entertainment, and the arts.



# Resources for Parents

## **Child Mind Institute article: How to Support LGBTQ Children**

[childmind.org/article/how-to-support-lgbtq-children/](http://childmind.org/article/how-to-support-lgbtq-children/)

## **Egale resource for adults supporting 2SLGBTQI Youth**

[egale.ca/awareness/adults-supporting-2slgbtqi-youth/](http://egale.ca/awareness/adults-supporting-2slgbtqi-youth/)

## **Peer Support Youth Line: LGBT Youthline**

[www.youthline.ca](http://www.youthline.ca)

## **Our Children: Questions and Answers for Parents and Families of Lesbian, Gay, Bisexual, Transgender, Queer and Questioning People**

[pflag.org/wp-content/uploads/2016/08/Our-Children\\_2021.pdf](http://pflag.org/wp-content/uploads/2016/08/Our-Children_2021.pdf)

## **Parents: Quick Tips for Supporting Your LGBTQ Kids--and YOURSELF-- During the Coming-Out Process**

[pflag.org/resource/parents-comingout/](http://pflag.org/resource/parents-comingout/)

## **When Your Child Is Gay: What You Need to Know** *by Wesley C. Davidson*

An incredibly compelling and helpful read for parents--or anyone out there--who would like to learn more about the dual processes of raising a gay or lesbian child and growing up as gay or lesbian.

## **This Is a Book for Parents of Gay Kids: A Question & Answer Guide to Everyday Life** *by Danielle Owens-Reid*

The authors are uniquely experienced to answer parents' many questions and share insight and guidance on both emotional and practical topics. Filled with real-life experiences, this is the book gay kids want their parents to read.

## **Queers Were Here: Heroes & Icons of Queer Canada**

Queers Were Here shares personal stories to illuminate the enormous social changes that have transformed sexuality in Canada. A celebration of queer identity, this book will look back in order to look forward.

## **The Gay Agenda: a Modern Queer History & Handbook** *by Ashley Molesso*

A joyful celebration of the LGBTQ+ community's development, history, and culture, packed with facts, trivia, timelines, and charts, and 100 full-colour illustrations.



# Toddlers & Young Children

**My Mommy, My Mama, My Brother, and Me** by Natalie Meisner

**When Aidan Became a Brother** by Kyle Lukoff

**My Moms Love Me** by Anna Membrino

**A Tale of Two Daddies** by Vanita Oelschlager

**Mama and Mommy and Me in the Middle** by Nina LaCour

**And Tango Makes Three** by Peter Parnell

**The Rainbow Parade** by Emily Neilson

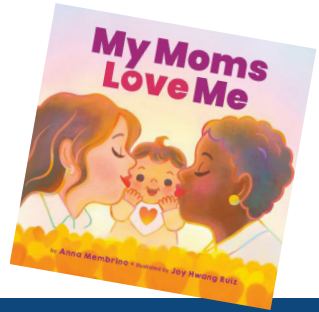
**Prince & Knight** by Daniel Haack

**Pride Puppy** by Robin Stevenson

**Rainbow: A First Book of Pride** by Michael Genhart

**Pride Colors** by Robin Stevenson

**Be Amazing** by Desmond is Amazing



## Local Supports

### Huron County Pride

[www.HuronCountyPride.ca](http://www.HuronCountyPride.ca)

### LGBTQ2S+ Youth Social Connections - Huron County Library - Goderich Branch

An opportunity for youth (16-25) to create community that meets the last Monday of each month at the Goderich Branch from 5-6 p.m.

### PFLAG Canada (Kincardine, London & Sarnia areas)

[pflagcanada.ca](http://pflagcanada.ca)

### Open Closet (London)

[www.hivaidconnection.ca/openclenet](http://www.hivaidconnection.ca/openclenet)

### OK2BME (Waterloo)

[ok2bme.ca](http://ok2bme.ca)

### Kids Help Phone

[kidshelpphone.ca](http://kidshelpphone.ca)

1-800-668-6868

To access these resources online, visit:  
[www.HuronCountyLibrary.ca/Stories](http://www.HuronCountyLibrary.ca/Stories)  
or scan this QR code.

